



What can I compost?

Composting is simple when you know what materials to include & which ones to avoid. Here is a helpful guide to get you started:



Fruits & vegetables
including peels

Dairy products*

Certified compostable Bags
3g, 13g waste bags, & paper grocery bags*

Paper egg cartons
(tear into smaller pieces if home composting)

Eggs & egg shells

Pasta, beans, rice

Cotton balls & paper swabs

Certified compostable items
Such as packaging plates, bowls, cups, utensils*

Coffee grounds & filters

Bakery items:
cereal, crackers, chips, other dry goods

Pizza boxes from delivery
(tear into smaller pieces if home composting)

Hair, nail clippings, & animal fur

Meat, fish & bones*

Leaves**

Paper products
Such as napkins, paper towels, and tissues*

Toothpicks, wooden chopsticks & popsicle sticks
(break into smaller pieces if home composting)

Nuts & shells

Grass clippings**

Houseplant trimmings & flowers

Parchment & waxed paper*
(tear into smaller pieces if home composting)

Tea leaves & plastic-free tea bags

Small branches & twigs**

Certain textiles, like natural cotton or wool
(cut into small pieces)

Tissue paper
(without foil, gold, or glitter)

Items to Avoid

- Excess liquids**
- Pet waste**
- Dryer sheets, dryer lint**
- Plastics, glass, metal**
- Diseased or insect-infested plants**
- Styrofoam**
- Cardboard, paper, envelopes, shredded paper, etc.**
- Diapers & sanitary products**
- Bandages**
- Gum**

Food Scraps & Yard Waste

*These items are generally not recommended for home composting. Oily foods should be avoided too.

**These items are perfect additions to your home compost pile. However, for industrial composting programs, some municipalities don't allow these in the organics bin, and require you to collect in separate, often brown craft paper bags.

Other Compostable Items

*Some of these compostable items will be suitable for industrial and home, some only one or the other. For any certifiable items, look for the BPI and/or TUV logos to determine where it can be disposed of. For industrially compostable items, check with your local composting program or facility for specific guidelines on what's accepted.